

Women's size guide

How to measure:

- Chest: measure under your arms, around the fullest part of the your chest.
 - Waist: measure around your natural waistline, keeping the tape a bit loose.
 - Hips: measure around the fullest part of the hips. Place your index finger between the tape measure and the hips for your comfy fit.
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This size guide is approximate and a guide to fit only. If you already have a similar item of ours that you're pleased with, we recommend that you choose the same size.

	CHEST	CHEST	WAIST	WAIST	HIPS	HIPS
	INCHES	CM	INCHES	CM	INCHES	CM
XS	32-34	82-86	24-26	62-66	35-37	89-93
S	34-36	86-90	26-28	66-70	37-39	93-97
M	36-37	90-94	28-29	70-74	38-40	97-101
L	39-40	98-102	31-33	78-82	42-44	105-109
XL	40-42	102-106	33-34	82-86	44-45	109-113

Men's size guide

How to measure:

- Chest : Measure under your arms, around the fullest part of the your chest.
 - Hips : Measure around the fullest part of the hips. Place your index finger between the tape measure and the hips for your comfy fit.
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This size guide is approximate and a guide to fit only. If you already have a similar item of ours that you're pleased with, we recommend that you choose the same size.

	CHEST	CHEST	HIPS	HIPS
	INCHES	CM	INCHES	CM
XS	36	90	36	91
S	38	94	38	95
M	39	98	40	99
L	42	106	43	107
XL	44	110	45	111
XXL	47	118	48	119

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